

# *I'm celebrating 25 years in business!*

This past August, 2019, I had my anniversary of being a massage therapist for 25 years!

I've owned and operated Therapy To Go ever since I became a therapist.

I'm so blessed to have had the staying power, both physically and with lasting clientele.

## **In 2016 I also went back to school to become a Physical Therapist Assistant.**

I was always interested in Physical Therapy as a career and I was able to fulfill that interest by becoming a Physical Therapist Assistant. I now work 2 days a week at the ATI orthopedic PT clinic on the east side of St. Charles. Many of the skills I use in the PT world are the same skills I've used in my massage practice and other skills are easily modified to use in both worlds.

**PRICE CHANGES** - the only price changes that I will be doing this year is to INCREASE my 90-minute to \$100 and DECREASE Seated massages in my office to \$25.00 for 20-min and \$35 for 30-minutes.

Thank you for your business over the years.

Come in and enjoy the benefits of an even more thorough massage experience.

I'll look forward to seeing you at your next session.